



Youthpass

MOBILITY OF YOUTH WORKERS

Paulius Narvydas

BORN ON **13/10/1991**

PARTICIPATED IN A LEARNING MOBILITY PROJECT

Time to Make Love Speech.

THE PROJECT TOOK PLACE FROM **03/09/2017**

TO **11/09/2017** IN **Kaunas, Lithuania.**

MOBILITY OF YOUTH WORKERS

Learning mobility projects of youth workers support the professional development of youth workers by enabling them to acquire new skills and professional experiences. The projects may include transnational activities such as seminars, training courses, contact-making events, study visits and job shadowing periods abroad. The projects also contribute to strengthening the quality and the role of youth work in Europe.

Erasmus+ is the European Union's programme for boosting skills and employability through activities organised in the field of education, training, youth, and sport. Youth activities under Erasmus+ aim to improve the key competences, skills and employability of young people, promote young people's active participation in the society, their social inclusion and well-being, and foster improvements in youth work and youth policy at local, national and international level.



Justinas Liaudinskas

Representative of the organisation

The ID of this certificate is U9K7-9X3J-PHYX-RN8F.
If you want to verify the ID, please go to the web site of Youthpass:
<http://www.youthpass.eu/qualitycontrol/>

Youthpass is a Europe-wide validation system for non-formal learning within the Erasmus+: Youth in Action Programme. For further information, please have a look at <http://www.youthpass.eu>.



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With this document we certify that **Paulius Narvydas** took part in a project called **Time to Make Love Speech**. It was a training course. The project was organised by **Vsi Integracijos Centras**, in cooperation with **Civitas Mileto, European Integration Group, JUBUK, PACO Ltd and Asociacion DESES-3**.

Within Erasmus+, a training course is a project where youth workers and youth leaders come together for several days to develop their knowledge, skills, and attitudes on a certain theme. The daily programme of the course is based on learning objectives and facilitated by experienced trainers. The training courses promote the initiative and creativity of participants and have a direct impact on their future youth work or youth policy activities, such as organising quality projects and providing intercultural and non-formal learning experiences for young people.

Altogether, **30** people took part in the project.

The overall aim and specific objectives of the project:

1. to strengthen participants' knowledge about hate speech and human rights education;
2. to create new solutions for preventing hate speech through youth organisations;
3. to learn about "Love Speech" and how this movement could be implemented in practice;
4. to show participants how they can effectively protect victims' rights;
5. to increase the competences & facilitate mutual collaboration of partner organisations on the topic of hate speech.

Main contents and activities of the project:

Introduction to No Hate Speech movements across Europe, presentation of existing initiatives and opportunities, interactive workshops with guest speakers, World Cafe discussions on protecting human rights in different countries, problems that victims are facing, preparation of "Make Love Speech Movement" in Kaunas, organizing public events (Fee Hugs, Eye Contact initiative, Love Tunnel) to increase public awareness.

Facilitator(s):

Ieva Sakalauskaitė, Aleksandras Šiktorovas

Among the results of the project are the following:

Participants gained deeper understanding of the concept of human rights and fundamental freedoms. We grasped intricate topics such as the discrimination of women, LGBT, different religions, different ethnic groups. Therefore, the participants are now able to implement similar initiatives.



Vilnius, 13/09/2017

Ieva Sakalauskaitė

Person in charge of the project



Paulius Narvydas participated in the project **Time to Make Love Speech**.

This part of the certificate is a self-assessment of learning and competence acquisition completed by the participant during the project. It is based on the Key Competences for Lifelong Learning defined by the European Union, and the specific competences tackled in the course of the project.

COMMUNICATION IN MOTHER TONGUE

Working in a national group participant learned how to express the ideas better and communicate more effectively in order to reach the goal of the team. Also, participant has taught non-native speakers basic phrases of and how to communicate (at a starter level) in the participant's mother tongue.

COMMUNICATION IN FOREIGN LANGUAGES

Improved communication skills in English and learned some useful expressions in Lithuanian, Italian, Spanish, Turkish and German. The ability to switch from one language to another was also boosted. Additionally, hand gestures & body language used by other nationalities were learned.

DIGITAL COMPETENCE

Has learned how to create relevant video and photo resources. The participant has also been taught how to use various online tools intended for non-formal education and video making/editing.

LEARNING TO LEARN

Through interactive workshops, games, activities and presentations improved skills required to effectively and efficiently teach, coach others, present, learn, manage time and work successfully in a team. This also includes practical organisation and leadership skills, such as delegation of responsibilities among peers. Has learned how to evaluate the learning process via feedback and reflections; and, lastly, how to successfully motivate oneself.

SOCIAL AND CIVIC COMPETENCES

Participant has learned how to discuss with others, express the opinion and views to a large audience, present credible arguments. Learned a number of non-formal education methods, including various games, activities and workshops aimed to encourage use of foreign languages, as well as promote inclusion and participation of youth. The sense of belonging was fostered and social skills with regard to communication with people from different backgrounds were improved.



CULTURAL AWARENESS AND EXPRESSION

Cultural awareness was acquired as people from diverse backgrounds were learning and living together. Multi-cultural exchange and mutual understanding was facilitated through an interaction and dialogue of participants and organisers. The participant has learned about other cultures and societies through cultural evenings with traditional cuisine and other characteristic accents.

Paulius Narvydas

Participant

Vilnius, 13/09/2017

Further information and original documents on the Key Competences for Lifelong Learning:

http://europa.eu/legislation_summaries/education_training_youth/lifelong_learning/c11090_en.htm

Further information about the Erasmus+: Youth in Action Programme and Youthpass:

<http://ec.europa.eu/youth/programme> and www.youthpass.eu